For MidAmerica plan participants and their covered family members



## Start saving today with Cigna Healthy Rewards®\*

You value your health enough to make smart choices and the Cigna Healthy Rewards\* program can help with discounts on a wide variety of health and wellness programs and services. Just use your ID card when you pay and let the savings begin.

**No Referrals. No claim forms.** The Healthy Rewards program includes a nationwide network of brand names as well as smaller local participating providers. You and your family members can enjoy instant savings using your ID when you visit a participating provider or shop online.

Get discounts on the health products and programs you use every day for:

- Weight management and nutrition
- Fitness clubs and equipment
- Mind/body programs and equipment
- > Vision and hearing care
- Alternative medicine
- Vitamins and health and wellness products

Real brands. Real discounts. Real awesomeness.

\*Healthy Rewards is a discount program. Some Healthy Rewards programs are not available in all states and programs may be discontinued at any time. If your health plan includes coverage for any of these services, this program is in addition to, not instead of, your plan benefits. Healthy Rewards programs are separate from your plan benefits. A discount program is NOT insurance, and you must pay the entire discounted charge. All goods, services and discounts offered through Healthy Rewards are provided by third parties who are solely responsible for their products, services and discounts.



To start saving today, visit myCigna.com or call 800.244.6224.



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